

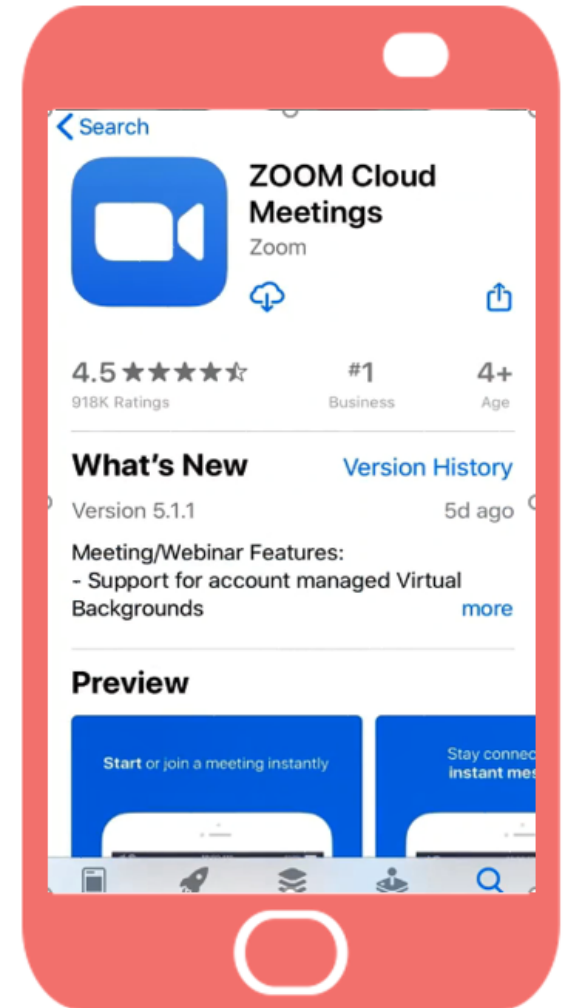
WIC VIRTUAL BREASTFEEDING CLASS

Set Up Guide



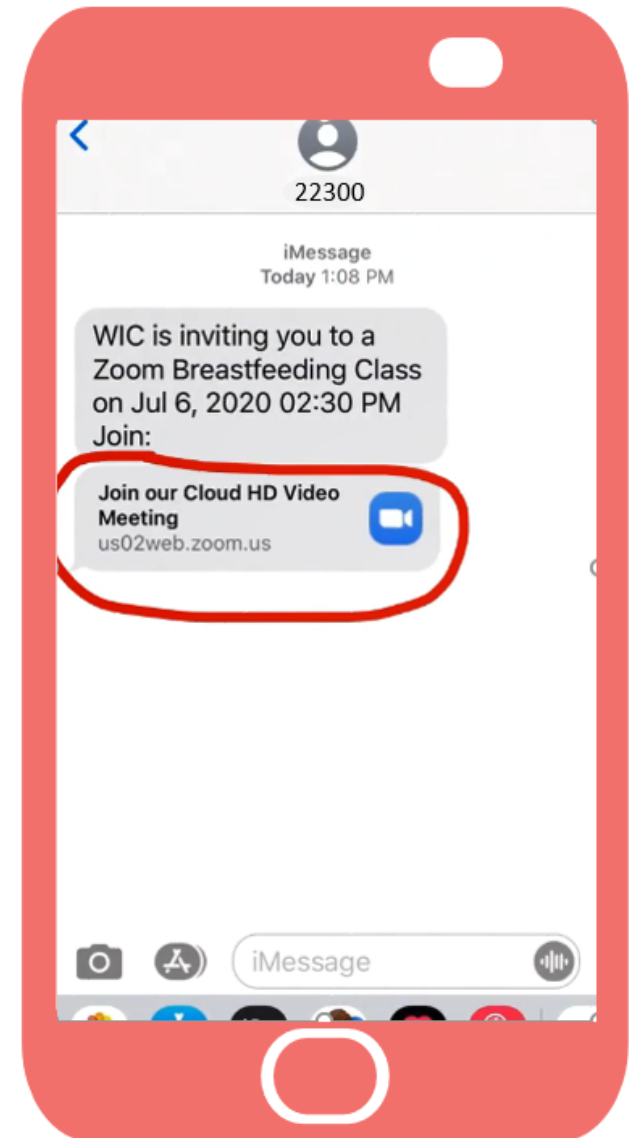
Download the App

- Open your App Store or Play Store.
- Locate the search icon.
- Type “Zoom”. Tap “Search”.
- Select Zoom Cloud Meetings app. Tap “GET/INSTALL”.
- Zoom will begin to download.



Breastfeeding Class

- WIC will text the zoom link the day of your scheduled class.
- WIC's texting number is 22300.
- The text message will contain the date and time of the breastfeeding class and the link to attend.
- Click the link 5 minutes before the class starts.
- Wait for the host (the WIC IBCLC) to start the meeting.



ZOOM TIPS

- You do not need a Zoom account to attend the virtual breastfeeding class.
- WIC can email the Zoom Meeting Link upon request.
- Zoom may request a username which is available for everyone to see. Please use your first and at least last name initial so we can mark your attendance in the class.
- Assure you allow Zoom to enable your microphone.
- Assure you allow Zoom to enable your camera (optional).
- The Chatbox is available for questions during the class.



CONTACT US IF YOU HAVE QUESTIONS

Phone: 515-282-5800

**We look forward to having you in the
breastfeeding class!**

